



Fact Sheet Updated June 2023

Accessing your health information in NSW

Under the NSW Health Records and Information Privacy Act 2002 (HRIP Act), you have a right to access health information about you from NSW health service providers, public sector agencies and some private sector organisations that hold health information.*

What is health information?

Health information is a specific type of 'personal information' which may include information about your physical or mental health or disability. It includes:

- personal information you provide to any health organisation
- a health service already provided to you
- a health service that is going to be provided to you
- a health service you have asked to be provided to you
- some personal information for organ donation
- some genetic information about you, your relatives or your descendants.

What is the HRIP Act?

The HRIP Act:

- protects your privacy rights in NSW by making sure that your personal and health information is properly collected, stored, used or released via the Health Privacy Principles (HPPs)
- gives you the right to see and ask for changes to be made to your personal or health information
- allows you to make a complaint to the NSW Privacy Commissioner if you believe a NSW public sector agency, private sector health organisation or health service provider has misused your personal or health information or breached one of the HPPs.

The HRIP Act applies to NSW:

- public sector agencies, including local councils and universities
- public and private sector health organisations e.g. a private or public hospital or medical centre
- health service providers e.g. your GP, dentist, therapist, physiotherapist, chiropractor or, optometrist
- larger-sized organisations that holds health information – e.g. insurance company.

Who should I contact if I want to access my personal or health information?

If you want to access your own health or personal information, you should contact the holder of the information first and ask them how you can do this. This may be the Privacy Officer at the organisation concerned. Their details should be on the organisation's website. In a NSW public hospital, requests to access health information should be sent to the Medical Records Department.

If you need further information you can also contact the Information and Privacy Commission NSW (IPC).

How much does it cost and how long should it take to access my health information?

If you ask for your health or personal information under the HRIP Act it may be free or there may be a charge. When information is provided to you it should be done without undue delay or excessive costs.

If you want to access your own health information, you should contact the holder of the information first and ask them how you can do this.

There may be other important considerations beyond costs and processing times, such as your review rights, what form of access you want (e.g. view, copy) and whether other information is involved (e.g. information about a third party).

What can I do if I don't get access?

If you believe a NSW public sector agency or private organisation has not given access to your health information:

 If it is a NSW public sector agency, you may be able to ask for an internal review. If you are not happy with the result, you have 28 days to apply to the NSW Civil and Administrative Tribunal (NCAT) for a review of the decision.

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 If it is a private sector organisation or individual health service provider, you can complain to the NSW Privacy Commissioner. If you are not happy with the result and, if the Privacy Commissioner has written a report, you have 28 days to apply to NCAT for a review of the decision, unless the Privacy Commissioner's report states otherwise.

See our guides to accessing health information from public sector and private sector health service providers over the page.

* Access to health records must be requested by the individual to whom the records relate or an authorised person for access on their behalf – \$26(2).

For more information

Contact the Information and Privacy Commission NSW (IPC):

Freecall: 1800 472 679

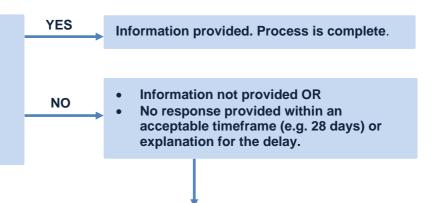
Email: ipcinfo@ipc.nsw.gov.au
Website: www.ipc.nsw.gov.au

Accessing your health information under the HRIP Act from a NSW public sector agency (e.g. public hospital, community services)

START HERE:

Put your request in writing (optional) to the agency that holds your health information. Include your:

- Name
- Address
- Date of birth (optional)
- Format you wish to access the information



- Lodge an application for an internal review with the organisation (within six months). This is an internal investigation to assess if the agency has complied with its privacy obligations. The agency has to advise and consult with the NSW Privacy Commissioner. The review should be done in 60 days (if practicable). There is no fee.
- The agency may have a specific form for you to fill in. Check their website or contact the Privacy Contact Officer in the agency.
- If not, there's a generic form on our website www.ipc.nsw.gov.au complete the form and send it to the agency receiving the application.

The agency will commence an internal review. This should be completed within 60 days of receiving the application and you will be kept informed of the progress during the review. The agency should complete the review as soon as reasonably practicable.

After the review:

You will be informed in writing of the result of the agency's review. The agency must inform the NSW Privacy Commissioner. Depending on the findings, the agency may:

- Make a formal apology
- Take remedial action (e.g. they provide access)
- Make assurances that it won't happen again
- Make administrative changes to ensure it won't happen again
- Take no further action.

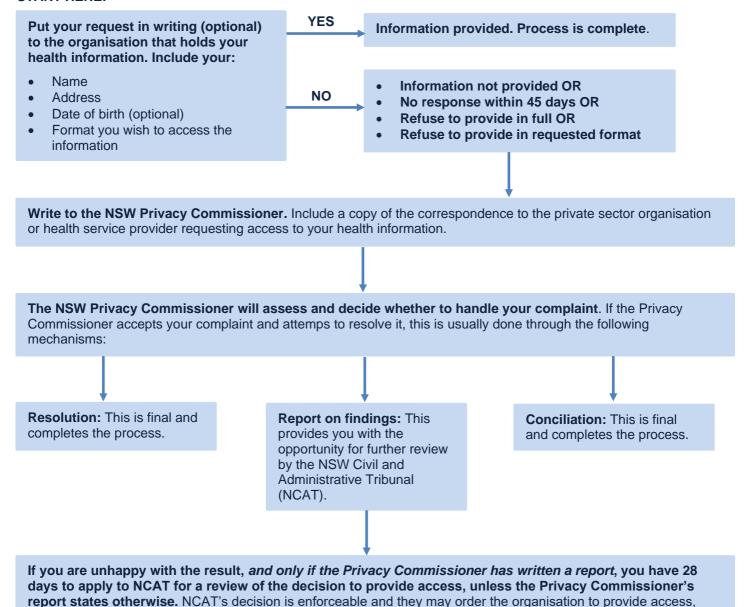
If you are unhappy with the result of the review (or it is not completed in 60 days) you have 28 days* to apply to the NSW Civil and Administrative Tribunal (NCAT) for a review of the decision to provide access.

NCAT's decision is enforceable and they may order the agency to provide access, change its practices, apologise or take steps to remedy any damage.

* Refer to Rule 24 of the Civil and Administrative Tribunal Rules 2014.

Accessing your health information under the HRIP Act from a NSW private sector health service provider (e.g. dentist, GP, private hospital) and larger-sized organisations with a turnover of over \$3 million that holds health information (e.g. insurance companies)*

START HERE:



NOTE: The information in this fact sheet is to be used as a guide only. Legal advice should be sought in relation to individual circumstances.

change its practices, apologise or take steps to remedy any damage.

^{*} You may have a right to access your health information from a private sector health service provider organisation under the federal Privacy Act 1988 – visit www.oaic.gov.au for more information.